

EMERGENCY FIRST AID AT WORK (HIGHFEILD LEVEL 3)

Introduction

The Level 3 International Award in Emergency First Aid at Work is a qualification aimed at providing learners with the necessary knowledge, understanding and skills to support emergency first aid in the workplace.

First aid training helps employees learn to be more conscious of safety in the workplace, leading to a reduced number of accidents and injuries. Minimizing risk to workers and decreasing workplace incidents is a benefit to everyone, but for employers it has implications within all aspects of business operations. All employees become more safety aware, helping to bring down the number of accidents.



Course Objective

At any moment, you or someone around you could experience an injury or illness. Using first aid, you may be able to stop a minor mishap from getting worse. In the case of a serious medical emergency, you may even save a life. So it's important to learn first aid skills.

It is proved that first aid saves lives in the workplace. First aid training gives your staff the confidence and ability to react immediately to an incident, injury or illness. Many lives have been saved due to fast reaction CPR. This would have been given during critical and life-threatening accidents, injuries or health complications in the workplace.

Training is Meant for

Any personnel who are taking reasonable care about their co-workers, family, friends and other fellow beings.

What you will learn

The learner will:	The learner can:
Understand the role and responsibilities of a first aider	Identify how to minimise the risk of infection Identify recommended first aid kit content requirement
Be able to assess an incident	Conduct a scene survey Conduct a primary survey of a casualty Call for help to support a casualty
Be able to manage an unresponsive casualty who is breathing normally	Assess a casualty's level of consciousness Open a casualty's airway and check breathing Place an unresponsive casualty in the recovery position Manage a casualty who is in seizure
Be able to manage a casualty who is not breathing normally and unresponsive	Identify when cardio pulmonary resuscitation is needed Perform cardio pulmonary resuscitation
Be able to provide first aid to a casualty who is choking	Identify the signs of a partially and completely blocked airway Administer first aid for a partially and completely blocked airway

Be able to provide first aid to a casualty with external bleeding	Identify the severity of external bleeding Can control external bleeding
Know how to provide first aid to a casualty with minor injuries	Identify how to administer first aid to a casualty with: <ul style="list-style-type: none"> • small cuts • grazes • bruises Identify how to administer first aid for a casualty with minor burns and scalds
Know how to provide first aid to a casualty who is in shock	Recognise a casualty who is suffering from shock Demonstrate how to administer first aid to a casualty who is suffering from shock

Mode of Study

- Face to face training with practical
- On-site training with practical
- Virtual Training

Assessment Method

This qualification is assessed by a practical demonstration and written/oral questioning.

Available Vocabularies

- English
- Hindi
- Malayalam

Course Outcome

- Will be able to safely administer first aid with CPR.
- Awarded with 3 years International certification and valid card.

Course Duration

- 1 Day

We prefer to MAX the course at 8 students so we can give individual attention as needed, to enable you or your team to be confident and proficient as members of a rescue team.